

# Contact information for inquiries



## Tsukuba City Hall

Tsukuba One-stop Inquiry Desk for Foreign Residents  
International Exchange Office  
029-883-1313



## Ibaraki International Association

Consultation Center for foreigners  
029-244-3811

<https://www.ia-ibaraki.or.jp/kokusai/soudan/center/index.html>

## Immigration Services Agency of Japan

<https://www.moj.go.jp/isa/index.html>

Mito Branch  
029-300-3601  
029-300-3605(FAX)



## Foreign Residents Support Center (FRESC) (Shinjuku Ward, Tokyo)

<https://www.moj.go.jp/isa/support/fresc/fresc01.html>

Consultation with the Tokyo Regional Immigration Services Bureau  
03-5363-3025

## Job Hunting

Employment Service for foreigners  
<https://jsite.mhlw.go.jp/tokyo-foreigner/home.html>  
Tokyo Service Center (Shinjuku Ward, Tokyo)  
03-5363-3013

